

Eating and Drinking

I get fed by a tube (gastrostomy) please see my care plan.



My eating/drinking are fine.



I have some problems with eating/drinking



My carers and I need to know about what helps me to eat and drink safely



I have a Care Plan (dated.....) on how I eat/drink



I have guidelines from a Speech and Language Therapist (dated.....)



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Food or drink coming back up into my mouth or down my nose



Anything else you should know about my eating and drinking, for example my favourite foods:

***Please also check "My Allergies" pages**

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Eating and Drinking



My eating and drinking needs may change over time, especially if I am ill.

If anyone is worried about my eating and drinking please contact the Speech and Language Therapy Team on:  01202 705549

Things to look out for:

I am anxious about eating and drinking



I refuse to eat or drink



Changes while I eat like: coughing, choking, or gasping for breath.



Changes while I eat like: Face changing colour, sweating, or eyes watering.

