

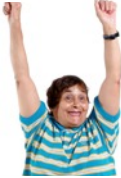
# Sensory Needs and Therapies


Touch 

Taste 

Movement 

Smells 

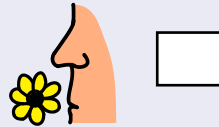
Body position 

Looking at things 

Sunlight/ Light 

Sounds 

Please see my sensory plan/passport



# Sensory Needs and Therapies

Therapies I have to help my health generally are:

Massage



Reflexology



Spiritual healing  
(Reiki etc)



Yoga



Aromatherapy



Other

